

## SPRING 2024 Speaker Series

### Family, Friends and Community: Their Impact in Suicide Safety for Communities of Color

**Date:** Friday, May 31, 2024 (Virtual Event)

**Time:** 12:00 PM to 1:30 PM (CT)

**Details and link to registration:** <https://www.stlsuicideprevention.org>

The rate of suicide in communities of color has been increasing. One safe and trusted person can make a difference for someone who might be struggling with thoughts of suicide. Join us as we explore how family and friends, community connections, and access to behavioral health care can be a life saving defense for members of communities of color.

#### Featured Speakers:

**Victor Armstrong, MSW**

American Foundation for Suicide Prevention

**Reba Rice-Portwood, M.Ed., LPC**

Safer Homes Collaborative

#### Objectives

- Gain awareness of the impact family, friends and community have on suicide safety in communities of color.
- Explore the tensions that exist between policy and practice of ethical service delivery to communities of color and their support networks.
- Identify two action steps that anyone can take to provide life-saving support to people of color and their support networks.

*CEUs will be offered for a modest fee.*



The [St. Louis Regional Suicide Prevention Coalition](#) convenes local Suicide Prevention Champions to invest time and expertise to promote a suicide-safe community. We are a group of diverse stakeholders from community agencies, public and private organizations, academic institutions, policy makers, and individuals impacted by suicide focused on fostering hope by preventing suicide in the St. Louis region by serving as a gateway for education, resources, and advocacy.

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Scan below to register:

